



BB Glow

Post- Treatment Instructions

No sunscreen for 4 hours

NO makeup for 12 hours and make sure to use only skin care makeup until the skin has healed.

No contact with animals/pets near the treated area, or on your hands for 4 hours.

Make sure your sheets and pillowcase are clean, especially the 1st night.

A sunburn-like effect is normal for 1-3 days. You will look and feel sunburned after the treatment.

Severity of redness will depend on how aggressive the treatment was performed. The skin may feel tight, dry, swollen, and sensitive to the touch.

The treated area may appear darker and the darkened skin may flake off within 1 week. Avoid picking or exfoliating the area and allow old skin to flake off naturally.

After care products and regimen:

Wash the treated area gently twice a day with a gentle cleanser. Use tepid water only. Apply a soothing, healing moisturizer or oil, as often as needed for the first 3 days. A slight breakout of acne or milia (tiny white bumps) is possible.

Sun exposure must be avoided for at least 24 hours after your treatment, preferably 1-2 weeks. If you know you will get incidental sun exposure, driving to and from work, walking from your car to the house. We recommend physical avoidance of the sun in all treated areas, a protective hat and a full spectrum sun block of SPF 30 or higher.

Do not use exfoliations medications, chemicals, or products on the treated areas for at least 1 week.

No exercise that causes sweating, jacuzzi, sauna, or steam baths if any skin irritation exists.

Advil or Tylenol may be taken as necessary are discomfort. Ice packs may be used if desired to minimize swelling.

Sleep on your back with your head elevated slightly to reduce swelling.

New cell regeneration requires at least 6-8 oz glasses of water a day. If you already derink that amount increase by 2 glasses.

For best results and efficacy, we recommend a series of 3-6 treatments administered at 2-4 week intervals. You may notice immediate as well as longer term improvements in your skin.