



## Ear Candling Intake Form

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

Would you like to receive text messages for spa specials and events? Yes or No

Email \_\_\_\_\_

Would you like to receive email spa specials and events? Yes or No

Have you ever had Ear Candling performed before? Yes or No

Have you had any perforations of the ear drums, surgeries, bleeding from the ears, chronic ringing in the ears, equilibrium problems (balance)? Yes or No

If yes how long ago? \_\_\_\_\_ Please explain which issue! \_\_\_\_\_

### ***Reasons to do Ear Candling:***

- Blockages from too much ear wax
- Blockages due to colds, flu, and ear infections
- Blockages as a result of swimming, diving, surfing and air travel
  - Sinus Problems
- Headaches and Migraines due to auricular pressure
  - Slow Lymphatic Circulation
- Infections and blockages in the Eustachian Tube

***What if I have too much wax?***

Some people’s glands may produce an overabundance of wax that can be easily excreted out of the ear. This extra wax may harden within the ear canal and block the ear. More commonly, the ear canal becomes blocked by attempts to clean the ear using cotton wool buds, napkins corners, pencils, and hair pins. This may push the wax further into the ear canal. Wax blockage is one of the most common causes of hearing loss.

***How often should I get Ear Candling?***

Ear candling is recommended for regular cleaning of the ear and to stimulate the lymphatic circulation of (immune system) via the ear canal, sinus pathways and throat for minor problems.

Use 1-2 candles per ear 4 times per year. For specific problems if there is no relief in 2 days, repeat the procedure. Chronic problems may need to be treated once a week for a number of weeks. Do not use for more than 6 weeks!

I understand that my practitioner is not doctor and any therapy session, conversations used to support my wellness do not infer or intend to diagnose, treat or cure physical, mental, or emotional disorders. We do not use candling on people who had recent surgery, perforated ear drums, implants or who have cysts or tumors in the ear. If a person has recurrent serious problems, they should have their ears checked by a physician before commencing with treatment.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Spa Professional Signature \_\_\_\_\_ Date \_\_\_\_\_